



# EXPLORERS ROOM ROUTINE

6:30am  
-  
7am

Centre opens and we welcome children and families  
Morning exchanges

7am  
-  
9am

Breakfast is served in small groups  
Doors open to the outdoor area to allow children to flow between spaces for exploration and uninterrupted play

9am  
-  
10am

Mealtime rituals  
Children enjoy a progressive Morning Tea

9:30am  
-  
11:30am

Planned Floorbook group forum  
Incursions  
Uninterrupted play / exploration with a connection to nature

11:30am  
-  
12:30pm

Mealtime rituals  
Children enjoy a progressive Lunch

12:30pm  
-  
2pm

Sanctuary ritual – Sleep and Rest  
Doors open to the outdoor area to allow children to flow between spaces for exploration and uninterrupted play and discovery

2pm  
-  
3pm

Mealtime rituals  
Children enjoy a progressive Afternoon Tea

2:30pm  
-  
5pm

Planned Floorbook group forum  
Uninterrupted play and exploration with a connection to nature

5pm  
-  
5:30pm

Mealtime rituals  
Children enjoy a small group Dinner

5:30pm  
-  
6:30pm

End of day reflection and farewell to children and families  
Evening exchanges and Centre closes

