

DREAMERS

ROOM ROUTINE

SANCTUARY RITUAL (SLEEP & REST) INDIVIDUALLY CATERED TO MEET NEEDS OF INFANTS

6:30am
-
7am

Centre opens and we welcome children and families
Morning exchanges

7am
-
9am

Breakfast is served in small groups
Doors open to the outdoor area to allow children to flow between spaces for exploration and uninterrupted play

9am
-
10am

Mealtime rituals. Children enjoy a progressive Morning Tea
(Young infants will be lap fed for their meal rituals)

9:30am
-
11am

Opportunities for floor play to provide space and time for the natural unfolding of body movements
Uninterrupted play & exploration with a connection to nature

11am
-
12:30pm

Mealtime rituals. Children enjoy a progressive Lunch
(Young infants will be lap fed for their meal rituals)

12:30pm
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2pm

Doors open to outdoor area for children to flow between spaces for exploration and uninterrupted play and discovery

2pm
-
3pm

Mealtime rituals. Children enjoy a progressive Afternoon Tea
(Young infants will be lap fed for their meal rituals)

2:30pm
-
4:30pm

Opportunities for floor play
Uninterrupted play and exploration with a connection to nature

5pm
-
5:30pm

Mealtime rituals. Children enjoy a progressive Dinner
(Young infants will be lap fed for their meal rituals)

5:30pm
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6:30pm

End of day reflection and farewell to children and families
Evening exchanges and Centre closes